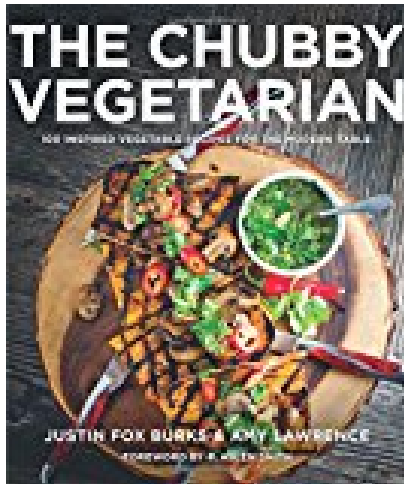


The Chubby Vegetarian 100 Inspired Vegetable Recipes for the Modern Table



BOOK DETAILS

- Author : Justin Fox Burks
- Pages : 272 Pages
- Publisher : Susan Schadt Press
- Language : English
- ISBN : 0997355905

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BOOK SYNOPSIS

It's not about replicating meat; it's about moving vegetables from side dish to the center of the plate. Most of all, it's about making delicious food that just happens to be vegetarian. After our focus on Southern vegetarian favorites in our first cookbook, now we've branched out to highlight hearty and satisfying vegetarian dishes inspired by cuisines from all over the world in *The Chubby Vegetarian*. In the space of a few years, we lost a combined one hundred pounds by focusing our diet on vegetables, grains, and fruit with the occasional over-the-top-dinner (and usually a dessert, too!). We worked more variety into our diets and loved the results, and we want to share our favorite go-to recipes with you. Come along with us as we show you step-by-step how to make creative vegetarian dishes that everyone can enjoy!"

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